

Coaching

The specialty of our coaching process is to use a coaching wheel integrating methods and tools from different psychological and business consulting approaches. Our principle is: ‚Clarity creates strength for change‘. Our coaching processes always start with an insightful, individual assessment. During the inspiring process coachees understand their work passions and potential, challenge their mental models and create change with ease by small, sustainable steps.

Our coaching programs offer:

- **Individual assessment in a compact coaching process**

The coachee arrives with a specific question, which does not require further coaching sessions.

- **A-R-T of performance & leadership coaching**

For employees, managers and executives who require coaching support over months and who want to push their personal development within work life.

- **‚Understanding me‘ coaching process**

In several consecutive coaching sessions we work on a deep insight of own USPs, personal values and an individual career direction.

- **‚Find your purpose‘ special**

This coaching process shows how you discover your life and work passions. The coachee learns how to pursue them with effortlessness.

